



Heliconia Amazon Lodge 4 Days / 3 Nights Amazing Amazon Tour

A rare opportunity to see a totally different world, away from urban life, with an astounding biodiversity.

Activities included:

- Rainforest hiking
- Bird watching
- Looking for Primates
- Nocturnal hike & boat ride
- Piranha fishing
- Visits to Lagoons
- Canoe rides
- Viewing of [Amazon River dolphins](#)
- Sugar-cane distillery visit

Itinerary:

Day 1: Iquitos - Heliconia Amazon Lodge

On arrival at Iquitos Airport, we greet you and transfer you to Iquitos docks. Alternatively, we will pick you up from your Iquitos hotel.

After a briefing at the Heliconia office, we board a speedboat, to make the 90-minute journey downstream to Heliconia Lodge.

During the boat ride, we see the convergence of the brown waters of the Amazon River with the darker waters of the Nanay River; and enjoy impressive jungle landscapes, interspersed with rustic dwellings.

We make a short stop at **Monkey Island**, a social enterprise aiming to protect endangered monkey species of the northern Amazon.

On arrival at the Lodge, the staff welcome us with an exotic fruit cocktail.

Once settled into our bungalows, it's time for lunch.

In the afternoon, we have our first excursion: a guided jungle hike into the **Yanamono Community Reserve**, an area of primary rainforest full of [flora & fauna](#), such as Heliconia flowers, Turkey Vultures (*Cathartes Aura*), Black-Fronted Nanbirds (*Monasa-Atia*), Marmosets (*Saguinus fuscicollis*), Titi Monkeys (*Callicebus Mollock Mollock*) and Squirrel Monkeys (*Saimiri Boliviense*).

After approximately two hours' on the trail, we return to the lodge for our first Amazon sunset, followed by dinner.

After dinner, we take a nocturnal boat ride with our guide, listening to the magical sound of the jungle at night, and trying to spot the fauna that comes out at this time of the day, using a spotlight.

On a clear night, the constellations of the stars can be seen vividly.

Return to the lodge for overnight.

Meals provided: Lunch, Dinner

Day 2: Heliconia Amazon River Lodge

This morning, before breakfast, we go birdwatching. This is one of the best times to see species such as Tuki (*Jacana jacana*), Ringed Kingfisher (*Ceryle torquata*) and Black-Collared Hawk (*Busarellus nigricollis*) while they are feeding.

We return to the lodge for a well-earned breakfast.

Later in the morning, we set off by motorboat into one of the many small tributaries of the Amazon River. Here we learn some local fishing techniques as we try to catch piranhas. We may also be lucky enough to see Pink River Dolphin (*Inia Geoffrensis*).

Lunch - which may or may not consist of piranha! - is back at the lodge.

After lunch, we take the motorboats to Yanamono, with the principal goal of seeing the iconic giant **Victoria Regia** (or **Victoria Amazonica**) **water lilies**.

After sunset, we can go on a **Nocturnal Hike**. We don't go far from the lodge, but can still appreciate the different atmosphere and sounds, along with the jungle animals, such as tree frogs, owls and snakes, that are active at this time.

We return to Heliconia Lodge for dinner and overnight.

Meals provided: Breakfast, Lunch, Dinner

Day 3: Indigenous Community Visit

This morning, after breakfast, we pay a visit to a [Yagua](#) community, where we learn about their indigenous way of life, and how they have adapted to the intrusions of European settlers.

There is time for relaxation at the lodge later in the day.

Dinner and overnight at Heliconia Lodge.

Meals provided: Breakfast, Lunch, Dinner

Day 4: Heliconia Lodge - Iquitos

After breakfast, we make a ten-minute boat ride to a family-owned sugar cane distillery located on the banks of the Amazon River.

Here we see the rudimentary method of extracting the sugar juice from the cane, using a horse-powered crush.

The juice can then be fermented to produce molasses and a sugar cane liquor ... which you are welcome to try ... and buy!

We return to the lodge for lunch, followed by check-out.

We then take the speedboat back to Iquitos.

We arrive back in [Iquitos](#) at approximately 3pm, and transfer you to the airport or your hotel.

NB. An earlier transfer is available for earlier flights.

Meals included: Breakfast, Lunch

NB. Please note that the above itinerary is subject to change according to operational considerations, such as weather and river levels, at the discretion of the guide.

Included:

- Private transfer (return) from Iquitos airport or hotel to the port.
- Private fast boat up the Amazon River to Heliconia Lodge and back.
- Private bungalow with private bathroom & terrace.
- Bilingual guide (English & Spanish).
- Custom excursions in small groups.
- All meals
- Bottled water.
- Tea & coffee 24 hours a day.
- Wellington boots.
- Electricity: 5.30 - 8am; 12 - 1pm & 5.30 - 10pm.

Not included:

- Sodas & alcoholic drinks
- Souvenirs
- Tips
- Laundry
- Flights
- Insurance
- Services not mentioned above.