

FRESH WATER ITINERARY

(4 days / 3 nights)

Explore the authentic Amazon rainforest in a short timeframe.

Day 1: Iquitos - Muyuna (lunch / dinner)

- Transfer from Iquitos airport to Iquitos (or hotel to the office) for shopping and last-minute coordination.
- Transfer to the port.
- 9.30am: Transfer in a speedboat for 3 hours, 140 km upriver from Iquitos on the Amazon River.
- 12pm approx: Check-in to lodge
- Lunch.
- Leoncito Hike: to appreciate the immense variety of flora around the Muyuna área, including the huge ceiba tree
- In addition, you will see the world's smallest monkey, the pygmy marmoset; squirrel monkeys; tamarins; and howler monkeys, whose deafening roar can be heard many miles away.
- After watching a sunset over the Forest of Mirrors, we return to Muyuna.
- Dinner.
- In the evening, boat ride to spot caimans, nocturnal birds and mammals.



Day 2: Muyuna Excursions: Swimming with Dolphins (breakfast / lunch / dinner)

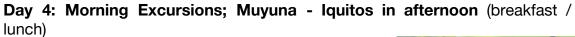
- Breakfast.
- We take you to the Amazon River, where you will experience the most magical moment of your trip, which is to swim in the same river that pink and grey dolphins live. You can see them, but, don't expect to touch.
- On the way back to the lodge, we see the biggest aquatic plant in the world, the famous *Victoria Regia*.
- It is also easy to see iguanas here.



- This is an area that has many strangler vines, which are the favorite location of *hoatzin*. This colorful bird looks prehistoric, because it has three claws on the middle joint of the wing.
- Lunch.
- Boat trips to lakes **Purura and Corriente** to fish for various species, including the famous piranha.
- Dinner.
- At night, we take you on a night walk in search of huge frogs the anaconda's favorite food!

Day 3: Muyuna Excursions (breakfast / lunch / dinner)

- Breakfast.
- Boat trip to **Lake Sapote** looking for birds, such as parrots, jacanas, kingfishers, herons, panguana, partridges, pigeons, cormorants, horned screamers.
- We then move to the other end of **Lake Moena** to see sloth and monkeys, such as night, squirrel, monk, stump, etc.
- Lunch.
- Boat excursion to **Jorge Creek** to look for different species of monkeys, especially the howler monkey.
- On the way back, we visit friendly **San Juan de Yanayacu** village. Sometimes you can play a spontaneous game of football or volleyball!
- We return to the lodge for dinner
- After dinner, we offer a canoe excursion to hear the nocturnal sounds of the Amazon jungle.



- Breakfast.
- Boat trip to **Casha Lake** which is not easily accessible. Here we use the canoes or walk, depending on the level of the river, looking for different species of birds and monkeys.
- Lunch.
- With your guide, you can count all the animals seen in your Animal Checklist.
- 1pm approx: Your experience of the jungle comes to an end and you will take the three-hour speedboat ride back to Iquitos
- 4pm approx: Transfer to Iquitos airport or your city hotel.



Please note that itineraries can vary according to weather and water level.

INCLUDED

- Taxes.
- Transfer from the airport to the port or hotel in Iquitos.
- Boat transfers between Iquitos and Muyuna Lodge on the Amazon River: 140 km taking about 3 hours.
- Drinking water.
- Rubber boots.
- Electric supply for batteries from cameras, laptops, etc. at certain times.
- All meals mentioned in itinerary. (Please let us know any dietary restrictions in advance).
- Fruit basket and tea/coffee 24/7.
- Private bungalow with private bathroom and terrace with hammock facing the river or the jungle.
- Excursions, as stated.
- Expert bilingual, naturalist guides.
- A list of animals that can be found in the area.
- First aid kit.
- Biodegradable amenities: shampoo, conditioner, body lotion and liquid soap.

NOT INCLUDED:

- Flights & airport taxes
- Tips
- Travel insurance or health insurance.
- Liquors & beverages.
- Laundry. NB. This can be done, in coordination with the lodge manager.